

A one day training course organised by
Develop & Voluntary Action Kennet

Personal Safety For Lone Workers

Training Course

Date: Wednesday 5th May or Thursday 6th May

Venue: Devizes (5th) / Chippenham (6th)

Time: 9:30am - 4:30pm

Cost: £50 (members) / £70 (non-members)

Course Details:

The session aims to raise awareness of the importance of personal safety, explore the risks that individuals may face and ways to reduce the risks, develop practical strategies and the confidence to avoid or defuse potentially violent and aggressive situations.

- Think about personal safety and lone working
- Assessing, identifying and reducing the risks
- Recognise early warning signs
- Communication, both verbal and body language
- Controlling your own behaviour

This course will be delivered by a Suzy Lamplugh Trust Trainer. The trusts' mission is to raise awareness of the importance of personal safety and to provide solutions that effect change in order to help people to avoid violence and aggression and live safer, more confident lives.

Booking: 01249 654089 / www.developecs.org.uk